

INSCRITOS: 241
FN: 215
NF: 12
NP: 14
DQ 0
5 Km + 20 Km + 2,5 Km

Pos	Dorsal	Nombre	Apellidos	Club	Cat	Pos Cat	CARRERA 1			CICLISMO			CARRERA 2			TIEMPO	Dif
							Pos	Tiempo	Vel	Pos	Tiempo	Vel	Pos	Tiempo	Vel		
1	9	BRUNO	RASO MORENO	TRITRAIN4YOU-O2-CABBERTY	ABSM	1	3	00:14:59	2:59	21	00:34:25	34.9	2	00:07:57	3:11	00:57:23	+00:00:00
2	8	SERGIO	FERNANDEZ MAYOR	CLUB EGO RUN.IN	ABSM	2	2	00:14:58	2:59	24	00:34:31	34.8	1	00:07:57	3:10	00:57:26	+00:00:03
3	10	VICTORIANO	RASO MORENO	TRITRAIN4YOU-O2-CABBERTY	ABSM	3	7	00:15:46	3:09	2	00:33:21	36.0	5	00:08:31	3:24	00:57:39	+00:00:16
4	4	JAIRO	RUIZ LÓPEZ	CDE CLUB TRIATLON ATLETI	SNM	1	9	00:15:47	3:09	1	00:33:21	36.0	7	00:08:42	3:28	00:57:51	+00:00:28
5	6	FRANCISCO JOSE	ESCUDERO LOPEZ	CLUB EGO RUN.IN	V1M	1	1	00:14:58	2:59	25	00:34:37	34.7	3	00:08:20	3:20	00:57:57	+00:00:34
6	269	JOSE JUAN	PEREZ CANO		SNM	2	5	00:15:23	3:04	14	00:34:10	35.1	4	00:08:26	3:22	00:58:01	+00:00:38
7	128	FRANCISCO	GARCIA REGUERA	CLUB EGO RUN.IN	SNM	3	10	00:15:47	3:09	10	00:33:48	35.5	6	00:08:33	3:25	00:58:09	+00:00:46
8	7	PABLO	SALMERON REINA	TRITRAIN4YOU-O2-CABBERTY	S23M	1	6	00:15:46	3:09	12	00:33:49	35.5	10	00:08:45	3:30	00:58:21	+00:00:58
9	1	GERMÁN	RODRÍGUEZ GARCÍA	CLUB EGO RUN.IN	SNM	4	8	00:15:47	3:09	7	00:33:39	35.6	26	00:09:30	3:48	00:58:57	+00:01:34
10	233	DAVID	ZAMORA	CLUB DE MAR ALMERIA	SNM	5	12	00:16:19	3:15	20	00:34:24	34.9	8	00:08:43	3:29	00:59:27	+00:02:04
11	5	JUAN MANUEL	TEJADA MARTINEZ	C.T. ROQUETAS DE MAR	SNM	6	4	00:15:01	3:00	49	00:35:38	33.7	12	00:08:49	3:31	00:59:29	+00:02:06
12	264	NONO	LOPEZ LOPEZ	C.T AGUILAS	SNM	7	25	00:17:04	3:24	8	00:33:44	35.6	9	00:08:43	3:29	00:59:31	+00:02:08
13	121	PABLO	MIÑANO GOMBAU	CLUB EGO RUN.IN	SNM	8	17	00:16:30	3:18	19	00:34:23	34.9	11	00:08:45	3:30	00:59:38	+00:02:15
14	265	DANI	FORTES	TRITRAIN4YOU-O2-CABBERTY	JNM	1	22	00:17:01	3:24	9	00:33:46	35.5	14	00:08:53	3:33	00:59:41	+00:02:18
15	273	MIGUEL	HIGUERAS BRAVO	TRITRAIN4YOU-O2-CABBERTY	CDM	1	20	00:16:31	3:18	16	00:34:18	35.0	13	00:08:52	3:33	00:59:42	+00:02:19
16	108	JOSÉ MANUEL	POMARES ZAPATA	C.T. ROQUETAS DE MAR	SNM	9	14	00:16:25	3:17	17	00:34:19	35.0	15	00:09:01	3:36	00:59:45	+00:02:22
17	145	FRANCISCO	VACA MEJÍAS	CLUB EGO RUN.IN	SNM	10	11	00:16:19	3:15							00:59:50	+00:02:27
18	247	FRANCISCO JAVIER	PEREZ SANTIAGO		SNM	11	32	00:17:21	3:28	4	00:33:31	35.8	16	00:09:01	3:36	00:59:54	+00:02:31
19	198	LAMBERTO JUAN	MARTIN GONZALEZ	CLUB EGO RUN.IN	V1M	2	23	00:17:03	3:24	11	00:33:48	35.5	17	00:09:10	3:40	01:00:02	+00:02:39
20	155	MIGUEL ANGEL	CANO MARTINEZ	C.D. ENTRENATRIJUANS	SNM	12	29	00:17:18	3:27	3	00:33:30	35.8	20	00:09:22	3:45	01:00:11	+00:02:48
21	85	JUAN JOSE	FERNANDEZ RAMIREZ	C.D. ESPARTANOS DE EL ALQUIÁN	SNM	13	15	00:16:26	3:17	18	00:34:22	34.9	24	00:09:27	3:46	01:00:16	+00:02:53
22	176	DANIEL	MUÑOZ SEGURA	CLUB EGO RUN.IN	SNM	14	18	00:16:30	3:18	13	00:34:10	35.1	46	00:09:45	3:54	01:00:26	+00:03:03
23	230	DAVID	CABELLO GÓMEZ	MONTILLA-CORDOBA TRIATLON	V1M	3	19	00:16:30	3:18	23	00:34:28	34.8	28	00:09:30	3:48	01:00:29	+00:03:06



INSCRITOS: 241

FN: 215

NF: 12

NP: 14

DQ 0

5 Km + 20 Km + 2,5 Km

Pos	Dorsal	Nombre	Apellidos	Club	Cat	Pos Cat	CARRERA 1			CICLISMO			CARRERA 2			TIEMPO	Dif
							Pos	Tiempo	Vel	Pos	Tiempo	Vel	Pos	Tiempo	Vel		
24	67	KILIAN	GARCIA RODRÍGUEZ	C.T. ROQUETAS DE MAR	SNM	15	28	00:17:17	3:27	6	00:33:34	35.7	39	00:09:39	3:51	01:00:31	+00:03:08
25	61	LEANDRO	MARTIN RIVAS	C.T. ROQUETAS DE MAR	SNM	16	13	00:16:25	3:17	15	00:34:17	35.0	56	00:09:58	3:59	01:00:41	+00:03:18
26	53	ILDEFONSO	ROMAN TEJEDOR	C.T. INDALO	V1M	4	31	00:17:19	3:27	5	00:33:34	35.7	104	00:10:49	4:19	01:01:44	+00:04:21
27	204	MIGUEL ANGEL	INGLADA CRUZ	TRIMARBELLA BIKE-AQUARENA	V1M	5	16	00:16:26	3:17	65	00:36:04	33.3	29	00:09:31	3:48	01:02:02	+00:04:39
28	101	ANDRES	MONEDERO SANCHEZ	C.T. M1 SALINAS CAR	SNM	17	37	00:17:33	3:30	54	00:35:46	33.5	18	00:09:11	3:40	01:02:31	+00:05:08
29	110	JORGE	VALVERDE MESAS	C.D. TRIBARIA	V1M	6	34	00:17:26	3:29	57	00:35:49	33.5	19	00:09:19	3:43	01:02:35	+00:05:12
30	163	JAVIER	GARCÍA IBORRA	CLUB EGO RUN.IN	SNM	18	21	00:16:55	3:23	72	00:36:25	32.9	23	00:09:25	3:46	01:02:46	+00:05:23
31	182	FRANCISCO	MERINO ORTIZ	TRITRAIN4YOU-O2-CABBERTY	SNM	19	36	00:17:27	3:29	55	00:35:46	33.5	34	00:09:36	3:50	01:02:50	+00:05:27
32	52	ISAAC	FERNÁNDEZ GALINDO	C.T. INDALO	V1M	7	30	00:17:19	3:27	58	00:35:50	33.5	43	00:09:42	3:52	01:02:51	+00:05:28
33	118	JAVIER	LÓPEZ MARÍN	C.T. ROQUETAS DE MAR	SNM	20	35	00:17:26	3:29	59	00:35:50	33.5	44	00:09:42	3:52	01:02:58	+00:05:35
34	240	LUIS MANUEL	DE PINEDO RUIZ	TRITRAIN4YOU-O2-CABBERTY	CDM	2	44	00:17:45	3:33	46	00:35:29	33.8	52	00:09:48	3:55	01:03:03	+00:05:40
35	205	JAVIER	HEREDIA ROJO		SNM	21	55	00:18:06	3:37	42	00:35:16	34.0	42	00:09:41	3:52	01:03:05	+00:05:42
36	189	FRCO JAVIER	MENDOZA BEJARANO		V1M	8	54	00:18:06	3:37	41	00:35:16	34.0	51	00:09:47	3:55	01:03:10	+00:05:47
37	220	JOSE MARIA	LOPEZ MAGAN	TRIATOMIX MBIKES	SNM	22	46	00:17:57	3:35	48	00:35:33	33.8	41	00:09:40	3:52	01:03:10	+00:05:47
38	225	DAVID	GARCIA MOTOS	C.T. LA DULCE ALIANZA	SNM	23	42	00:17:44	3:32	63	00:36:01	33.3	22	00:09:23	3:45	01:03:10	+00:05:47
39	78	JOSE MANUEL	GARCÍA CASTAÑEDA		SNM	24	52	00:18:04	3:36	44	00:35:20	34.0	50	00:09:47	3:54	01:03:11	+00:05:48
40	179	JOSE MANUEL	CHICA ROBLES	C.D. TRIBARIA	SNM	25	43	00:17:45	3:33	64	00:36:03	33.3	21	00:09:23	3:45	01:03:12	+00:05:49
41	69	JUAN JOSE	RODRIGUEZ HERNANDEZ	C.T. ROQUETAS DE MAR	SNM	26	33	00:17:23	3:28	66	00:36:12	33.1	36	00:09:37	3:50	01:03:13	+00:05:50
42	211	FRANCISCO JAVIER	LUPIAÑEZ MARTIN	TRI GUADIX	SNM	27	48	00:17:58	3:35	50	00:35:39	33.7	38	00:09:37	3:51	01:03:15	+00:05:52
43	249	ALVARO	TRAVE MESA		SNM	28	62	00:18:19	3:39	38	00:35:08	34.1	49	00:09:46	3:54	01:03:15	+00:05:52
44	38	JUAN CARLOS	GALVEZ GARCIA	CLUB EGO RUN.IN	V1M	9	69	00:18:29	3:41	36	00:35:05	34.2	47	00:09:46	3:54	01:03:21	+00:05:58
45	164	FRANCISCO	MELERO CASTILLO		SNM	29	38	00:17:39	3:31	61	00:35:55	33.4	48	00:09:46	3:54	01:03:21	+00:05:58
46	196	VICTOR	GERVILLA HIDALGO	TRITRAIN4YOU-O2-CABBERTY	SNM	30							35	00:09:36	3:50	01:03:21	+00:05:58





INSCRITOS: 241

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DQ 0

5 Km + 20 Km + 2,5 Km

Pos	Dorsal	Nombre	Apellidos	Club	Cat	Pos Cat	CARRERA 1			CICLISMO			CARRERA 2			TIEMPO	Dif
							Pos	Tiempo	Vel	Pos	Tiempo	Vel	Pos	Tiempo	Vel		
47	165	JAVIER	ROSALLES MOLINA		SNM	31	51	00:18:00	3:36	45	00:35:28	33.8	54	00:09:54	3:57	01:03:22	+00:05:59
48	197	JOSE MIGUEL	MARTIN CAMPOS		SNM	32	41	00:17:44	3:32	56	00:35:47	33.5	53	00:09:50	3:56	01:03:22	+00:05:59
49	221	JOSE	ORTIZ BERNAL	C.T. LA DULCE ALIANZA	SNM	33	61	00:18:16	3:39	40	00:35:10	34.1	57	00:09:58	3:59	01:03:25	+00:06:02
50	56	FRANCISCO JESUS	LOPEZ GRANERO	CLUB TRIATLON CGM	V1M	10	76	00:18:34	3:42	208	01:27:19	13.7		-00:42:15	43:00	01:03:39	+00:06:16
51	63	FRANCISCO DAVID	MARTINEZ LOPEZ	C.T. ROQUETAS DE MAR	V1M	11	70	00:18:29	3:41	37	00:35:05	34.2	59	00:10:04	4:01	01:03:40	+00:06:17
52	98	JUAN MANUEL	CAMACHO ORTEGA	CLUB EGO RUN.IN	SNM	34	97	00:18:53	3:46	30	00:34:42	34.6	62	00:10:06	4:02	01:03:42	+00:06:19
53	44	ANGEL	MANZANO GARCIA	C.D. TRIATLON EL EJIDO	S23M	2	89	00:18:49	3:45	29	00:34:41	34.6	74	00:10:23	4:09	01:03:53	+00:06:30
54	215	DIEGO RAUL	LOPEZ GARRIDO		SNM	35	82	00:18:43	3:44	28	00:34:40	34.6	79	00:10:29	4:11	01:03:53	+00:06:30
55	255	FRANCISCO JAVIER	MUÑOZ ZAPATA	CLUB TRIATLON TORRE DEL MAR	V1M	12	27	00:17:16	3:27	81	00:37:04	32.4	32	00:09:34	3:49	01:03:55	+00:06:32
56	48	JUAN JOSE	CALLEJON		SNM	36	63	00:18:20	3:40	47	00:35:32	33.8	58	00:10:02	4:01	01:03:56	+00:06:33
57	254	JESUS	ROMERO GALLEGO	CLUB TRIATLON TORRE DEL MAR	SNM	37	84	00:18:44	3:44	32	00:34:42	34.6	85	00:10:35	4:14	01:04:02	+00:06:39
58	226	DOMINGO	GARCIA SANCHEZ	C.T. LA DULCE ALIANZA	V1M	13	80	00:18:40	3:44	35	00:35:04	34.2	73	00:10:22	4:09	01:04:07	+00:06:44
59	186	CHRISTIAN	MÁRQUEZ CAPARRÓS	C.T. LA DULCE ALIANZA	SNM	38	94	00:18:51	3:46	26	00:34:37	34.6	95	00:10:42	4:16	01:04:11	+00:06:48
60	237	MARIO	SALMERON REINA	TRITRAIN4YOU-O2-CABBERTY	S23M	3	92	00:18:49	3:45	27	00:34:39	34.6	99	00:10:44	4:17	01:04:13	+00:06:50
61	96	JERONIMO	MARTINEZ PARRÉS	C.D. ESPARTANOS DE EL ALQUIÁN	SNM	39	90	00:18:50	3:46	22	00:34:28	34.8	115	00:11:00	4:24	01:04:18	+00:06:55
62	151	JUAN	RAMÓN RODRIGUEZ	C.D. ENTRENATRIJUANSÁ	SNM	40	68	00:18:28	3:41	34	00:35:03	34.2	102	00:10:48	4:19	01:04:19	+00:06:56
63	238	JOSE	SALMERON CANO	C.T. ALMERIA	V1M	14	93	00:18:50	3:46	33	00:34:47	34.5	103	00:10:48	4:19	01:04:25	+00:07:02
64	209	JOSE ANTONIO	MOLINA LOPEZ	TRITRAIN4YOU-O2-CABBERTY	CDM	3	26	00:17:10	3:26	91	00:37:48	31.7	37	00:09:37	3:51	01:04:37	+00:07:14
65	231	CRISTIAN	SANTIAGO TEJADA		SNM	41	60	00:18:10	3:38	60	00:35:52	33.4	98	00:10:44	4:17	01:04:47	+00:07:24
66	30	ANTONIO	LAMARCA FERNANDEZ	C.T. LA DULCE ALIANZA	SNM	42	100	00:18:56	3:47	68	00:36:21	33.0	27	00:09:30	3:48	01:04:48	+00:07:25
67	201	JUAN	LOPEZ BENAVIDES	CLUB EGO RUN.IN	JNM	2	102	00:18:56	3:47	31	00:34:42	34.6	130	00:11:12	4:28	01:04:50	+00:07:27
68	15	VICTOR FRANCISCO	RODRIGUEZ LOPEZ	TRIEJIDO-WITL	SNM	43	78	00:18:38	3:43	39	00:35:09	34.1	121	00:11:03	4:25	01:04:51	+00:07:28
69	92	EMILIO	RODRIGUEZ ORTEGA	C.T. ALMERIA	SNM	44	57	00:18:08	3:37	75	00:36:30	32.9	69	00:10:15	4:06	01:04:54	+00:07:31

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INSCRITOS: 241

FN: 215

NF: 12

NP: 14

DQ 0

5 Km + 20 Km + 2,5 Km

Pos	Dorsal	Nombre	Apellidos	Club	Cat	Pos Cat	CARRERA 1			CICLISMO			CARRERA 2			TIEMPO	Dif
							Pos	Tiempo	Vel	Pos	Tiempo	Vel	Pos	Tiempo	Vel		
70	148	MIGUEL	BLANQUE GALLARDO	C.T. ALMERIA	SNM	45	59	00:18:10	3:38	82	00:37:10	32.3	31	00:09:33	3:49	01:04:54	+00:07:31
71	256	MANUEL JESUS	MARIN MUÑOZ		S23M	4	24	00:17:03	3:24	98	00:38:19	31.3	40	00:09:39	3:51	01:05:01	+00:07:38
72	194	LÁSZLÓ	SOMOGYI	C.T. ALMERIA	V1M	15	83	00:18:44	3:44	77	00:36:39	32.7	55	00:09:57	3:59	01:05:21	+00:07:58
73	18	JAVIER	QUILES TORRECILLAS		SNM	46	95	00:18:52	3:46	62	00:35:57	33.4	84	00:10:36	4:14	01:05:26	+00:08:03
74	135	RAMON	FERNANDEZ RODRIGUEZ	CLUB EGO RUN.IN	V1M	16	87	00:18:47	3:45	71	00:36:25	32.9	71	00:10:20	4:08	01:05:33	+00:08:10
75	236	DAVID	SALMERON SORROCHE	C.T. ALMERIA	SNM	47	86	00:18:46	3:45	76	00:36:33	32.8	70	00:10:15	4:06	01:05:34	+00:08:11
76	150	SAMUEL	GONZALO ALONSO	TRITRAIN4YOU-O2-CABBERTY	V1M	17	53	00:18:05	3:37	73	00:36:26	32.9	126	00:11:10	4:28	01:05:42	+00:08:19
77	70	JESUS JAVIER	ORTIZ GARCIA	C.T. ALMERIA	V1M	18	101	00:18:56	3:47	67	00:36:18	33.1	81	00:10:32	4:12	01:05:46	+00:08:23
78	275	PEDRO ALFONSO	MULERO SANCHEZ	A. D. ELIOCROCA	V2M	1	124	00:19:36	3:55	51	00:35:40	33.6	83	00:10:33	4:13	01:05:50	+00:08:27
79	123	RUBEN	DE LA TORRE BONILL		S23M	5	39	00:17:42	3:32	113	00:38:49	30.9	25	00:09:27	3:46	01:05:59	+00:08:36
80	140	PEDRO	PARRA	A300W ELCHE T.C.	SNM	48	96	00:18:52	3:46	70	00:36:23	33.0	101	00:10:48	4:19	01:06:04	+00:08:41
81	162	ALBERTO	MARQUES REGAIRA	TRITRAIN4YOU-O2-CABBERTY	S23M	6	65	00:18:24	3:40	78	00:36:43	32.7	119	00:11:02	4:25	01:06:10	+00:08:47
82	76	ALEJANDRO	MARTIN MARTIN		SNM	49	71	00:18:29	3:41	86	00:37:26	32.0	68	00:10:15	4:06	01:06:11	+00:08:48
83	158	MIGUEL ANGEL	LOPEZ LIEBANAS	C.D. ENTRENATRIJUANS	SNM	50	120	00:19:31	3:54	43	00:35:17	34.0	135	00:11:22	4:33	01:06:11	+00:08:48
84	174	PEDRO JAVIER	GALERA FERNANDEZ		SNM	51	73	00:18:30	3:42	79	00:36:47	32.6	108	00:10:53	4:21	01:06:11	+00:08:48
85	72	JUAN ANTONIO	RAMOS GARCIA		V1M	19	103	00:18:57	3:47	69	00:36:22	33.0	109	00:10:55	4:22	01:06:16	+00:08:53
86	172	ANATAEL	COBO GARCIA	C.T. ALMERIA	SNM	52	121	00:19:32	3:54	53	00:35:45	33.6	120	00:11:02	4:24	01:06:20	+00:08:57
87	115	RAMON	SANCHEZ PADILLA		SNM	53	98	00:18:54	3:46	96	00:38:05	31.5	33	00:09:36	3:50	01:06:36	+00:09:13
88	246	FRAN	PÉREZ ALARCON	C.T. ROQUETAS DE MAR	CDM	4	40	00:17:43	3:32							01:06:36	+00:09:13
89	212	JOSE MARIA	OLIVA LOZANO	CLUB DE MAR ALMERIA	S23M	7	67	00:18:26	3:41	83	00:37:13	32.2	118	00:11:01	4:24	01:06:41	+00:09:18
90	266	SERGIO	PEREZ MARTINEZ	C.T. LA DULCE ALIANZA	SNM	54	114	00:19:25	3:53	52	00:35:44	33.6	145	00:11:36	4:38	01:06:45	+00:09:22
91	80	MIGUEL ÁNGEL	MANZANO PARRÓN		SNM	55	64	00:18:25	3:41	100	00:38:22	31.3	60	00:10:05	4:02	01:06:52	+00:09:29
92	281	DANIEL	NAVARRO SANCHEZ	CDAD GAIAN	CDM	5	129	00:19:50	3:58	74	00:36:27	32.9	92	00:10:39	4:15	01:06:56	+00:09:33

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INSCRITOS: 241

FN: 215

NF: 12

NP: 14

DQ 0

5 Km + 20 Km + 2,5 Km

Pos	Dorsal	Nombre	Apellidos	Club	Cat	Pos Cat	CARRERA 1			CICLISMO			CARRERA 2			TIEMPO	Dif
							Pos	Tiempo	Vel	Pos	Tiempo	Vel	Pos	Tiempo	Vel		
93	193	ADRIÁN	HERNÁNDEZ MARTÍNEZ		CDM	6	106	00:18:59	3:47	88	00:37:32	32.0	93	00:10:40	4:16	01:07:12	+00:09:49
94	171	PABLO JOSE	RODRIGUEZ GOMEZ		SNM	56	81	00:18:41	3:44	117	00:39:07	30.7	30	00:09:33	3:49	01:07:21	+00:09:58
95	187	JUAN ANTONIO	PRIETO MUÑOZ	C.T. ALMERIA	V1M	20	58	00:18:08	3:37	123	00:39:13	30.6	64	00:10:06	4:02	01:07:28	+00:10:05
96	262	MANUEL TOMÁS	PÉREZ BOGAS	A. D. ULTRAFONDO GUADIX	V2M	2	131	00:19:53	3:58	80	00:36:47	32.6	100	00:10:47	4:18	01:07:28	+00:10:05
97	120	PEDRO JOSE	SEGURA LOPEZ	CLUB DE MAR ALMERIA	V1M	21	79	00:18:38	3:43	102	00:38:27	31.2	75	00:10:25	4:10	01:07:31	+00:10:08
98	190	ANTONIO	GEA ARREDONDO		SNM	57	111	00:19:15	3:51	94	00:38:04	31.5	72	00:10:20	4:08	01:07:39	+00:10:16
99	207	ANTONIO	MORALES AMARAL		SNM	58	45	00:17:51	3:34	129	00:39:45	30.2	66	00:10:11	4:04	01:07:49	+00:10:26
100	43	RICARDO	GUIRAU NAVARRO		V1M	22	108	00:19:02	3:48	93	00:37:58	31.6	106	00:10:51	4:20	01:07:52	+00:10:29
101	222	ROBERTO	AGUADO CASADO		V1M	23	104	00:18:57	3:47	112	00:38:48	30.9	65	00:10:09	4:03	01:07:55	+00:10:32
102	12	ANTONIO FRANCISCO	MALDONADO CARA	TRIEJIDO-WITL	S23M	8	113	00:19:23	3:52	84	00:37:15	32.2	134	00:11:20	4:32	01:07:58	+00:10:35
103	91	RUBEN	GIL SALMERON		SNM	59	88	00:18:48	3:45	105	00:38:31	31.1	91	00:10:39	4:15	01:07:59	+00:10:36
104	134	ALEJANDRO	GARCIA GARCIA		SNM	60	85	00:18:45	3:45	118	00:39:08	30.7	61	00:10:05	4:02	01:07:59	+00:10:36
105	29	FRANCISCO MANUEL	JIMENEZ RODRIGUEZ		V1M	24	107	00:19:01	3:48	101	00:38:27	31.2	80	00:10:31	4:12	01:08:00	+00:10:37
106	79	JAVIER	MARTINEZ MARTINEZ		V1M	25	118	00:19:31	3:54	89	00:37:46	31.8	97	00:10:44	4:17	01:08:02	+00:10:39
107	188	JUAN MANUEL	MARTINEZ VIZCAINO		V1M	26	77	00:18:36	3:43	121	00:39:10	30.6	67	00:10:14	4:05	01:08:02	+00:10:39
108	129	LUCAS	MARÍN NAVARRO		JNM	3	119	00:19:31	3:54	85	00:37:19	32.2	139	00:11:26	4:34	01:08:16	+00:10:53
109	202	JULIO MANUEL	SAGREDO GARCIA	C.T. ALMERIA	SNM	61	122	00:19:35	3:55	87	00:37:28	32.0	132	00:11:17	4:31	01:08:21	+00:10:58
110	156	JOSE RAMON	TEJADA SANCHEZ		V1M	27	72	00:18:30	3:42	135	00:39:57	30.0	63	00:10:06	4:02	01:08:34	+00:11:11
111	272	RAUL	RAMOS SANCHEZ		V1M	28	123	00:19:36	3:55	106	00:38:32	31.1	76	00:10:25	4:10	01:08:34	+00:11:11
112	112	MIGUEL	CANTÓN CARRETERO		V1M	29							123	00:11:06	4:26	01:08:51	+00:11:28
113	232	FRANCISCO MIGUEL	AVILES MARTINEZ	TRIEJIDO-WITL	V1M	30	50	00:17:59	3:35	137	00:40:08	29.9	112	00:10:56	4:22	01:09:04	+00:11:41
114	73	FRANCISCO	CARRALCAZAR GARCIA	C.T. ROQUETAS DE MAR	SNM	62	137	00:20:17	4:03		-00:20:17	-59.1	211	01:09:14	27:4'	01:09:14	+00:11:51
115	124	FRANCISCO JESUS	NAVARRO GARCIA		V1M	31	47	00:17:58	3:35	160	00:41:39	28.8	45	00:09:45	3:54	01:09:23	+00:12:00

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INSCRITOS: 241

FN: 215

NF: 12

NP: 14

DQ 0

5 Km + 20 Km + 2,5 Km

Pos	Dorsal	Nombre	Apellidos	Club	Cat	Pos Cat	CARRERA 1			CICLISMO			CARRERA 2			TIEMPO	Dif
							Pos	Tiempo	Vel	Pos	Tiempo	Vel	Pos	Tiempo	Vel		
116	125	ALBERTO	BARRERA GARCÍA		SNM	63	91	00:18:50	3:46	125	00:39:33	30.3	116	00:11:00	4:24	01:09:24	+00:12:01
117	144	RAUL	MODIA LOPEZ		SNM	64	127	00:19:48	3:57	120	00:39:10	30.6	77	00:10:26	4:10	01:09:25	+00:12:02
118	276	ANTONIO MANUEL	MORILLA JIMENEZ		SNM	65	150	00:20:51	4:10	95	00:38:04	31.5	89	00:10:38	4:15	01:09:34	+00:12:11
119	66	GUILLERMO	SANTAMARIA GONZALEZ	C.T. ALMERIA	V1M	32							105	00:10:49	4:19	01:09:47	+00:12:24
120	181	FRANCESC	ASTORGA MALO	CLUB EGO RUN.IN	SNM	66	49	00:17:59	3:35	157	00:41:14	29.1	82	00:10:33	4:13	01:09:47	+00:12:24
121	47	PEDRO	CAPARROS PALOMO		SNM	67	75	00:18:34	3:42	148	00:40:39	29.5	90	00:10:39	4:15	01:09:54	+00:12:31
122	62	JUAN	LOPEZ POVEDA	C.T. ROQUETAS DE MAR	V1M	33	109	00:19:02	3:48	140	00:40:16	29.8	86	00:10:36	4:14	01:09:55	+00:12:32
123	65	JOSE SALVADOR	LOPEZ JIMENEZ	C.T. ROQUETAS DE MAR	V2M	3	116	00:19:30	3:54	127	00:39:41	30.2	96	00:10:43	4:17	01:09:55	+00:12:32
124	224	DANIEL JOSE	SANCHEZ ROMERO	C.T. ALMERIA	V1M	34	151	00:20:52	4:10	103	00:38:29	31.2	94	00:10:41	4:16	01:10:03	+00:12:40
125	251	ESTEBAN	REQUENA CARRIÓN	C.T. ALMERIA	V1M	35	145	00:20:46	4:09	97	00:38:13	31.4	125	00:11:09	4:27	01:10:09	+00:12:46
126	208	JOSE MANUEL	LECHUGA ALONSO		SNM	68	56	00:18:07	3:37	152	00:40:59	29.3	127	00:11:10	4:28	01:10:16	+00:12:53
127	99	JUAN MANUEL	BAUTISTA LEAL	CLUB EGO RUN.IN	SNM	69	125	00:19:44	3:56	92	00:37:57	31.6	170	00:12:36	5:02	01:10:17	+00:12:54
128	28	LEONARDO	CAZORLA	C.T. LA DULCE ALIANZA	V2M	4	147	00:20:50	4:10	108	00:38:34	31.1	114	00:10:59	4:23	01:10:23	+00:13:00
129	106	JESUS	CANTON CARRETERO	CLUB EGO RUN.IN	V1M	36	154	00:21:00	4:12	90	00:37:47	31.8	146	00:11:40	4:40	01:10:28	+00:13:05
130	60	JOSÉ DOMINGO	HIDALGO HERRERA	C.T. ALMERIA	SNM	70	136	00:20:17	4:03	116	00:39:03	30.7	131	00:11:15	4:30	01:10:35	+00:13:12
131	102	JUAN	ALVAREZ-RENDUELES VII	IBERMAN SAN JUAN DE AZNALFAR	V1M	37	144	00:20:45	4:09	115	00:38:57	30.8	107	00:10:51	4:20	01:10:35	+00:13:12
132	234	DANIEL ALEJANDRO	ESPINOZA		SNM	71	141	00:20:25	4:05	110	00:38:35	31.1	144	00:11:35	4:38	01:10:36	+00:13:13
133	173	SALVADOR	GODOY GALLARDO		SNM	72	110	00:19:12	3:50	146	00:40:27	29.7	124	00:11:08	4:27	01:10:49	+00:13:26
134	32	JUAN JOSÉ	MORENO PARRILLA	TRIEJIDO-WITL	V1M	38	132	00:20:05	4:01	109	00:38:35	31.1	159	00:12:11	4:52	01:10:52	+00:13:29
135	243	JOAQUIN	VICENTE LEÓN		SNM	73	128	00:19:49	3:57	114	00:38:56	30.8	162	00:12:21	4:56	01:11:07	+00:13:44
136	87	FRANCISCO JOSE	CALDERON JIMENEZ	C.D. ESPARTANOS DE EL ALQUIÁN	V3M	1	139	00:20:21	4:04	131	00:39:51	30.1	110	00:10:56	4:22	01:11:09	+00:13:46
137	111	ROBERTO	DEQUERO DIAZ		S23M	9	126	00:19:48	3:57	147	00:40:29	29.6	111	00:10:56	4:22	01:11:14	+00:13:51
138	34	JUAN LUIS	GONZALEZ DIAZ DE TUDA		V1M	39	138	00:20:18	4:03	119	00:39:09	30.6	147	00:11:56	4:46	01:11:24	+00:14:01

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INSCRITOS: 241
FN: 215
NF: 12
NP: 14
DQ 0
5 Km + 20 Km + 2,5 Km

Pos	Dorsal	Nombre	Apellidos	Club	Cat	Pos Cat	CARRERA 1			CICLISMO			CARRERA 2			TIEMPO	Dif
							Pos	Tiempo	Vel	Pos	Tiempo	Vel	Pos	Tiempo	Vel		
139	218	ANTONIO CARLOS	EXPOSITO LOPEZ	TRI GUADIX	SNM	74	99	00:18:55	3:47	163	00:41:53	28.7	88	00:10:38	4:15	01:11:27	+00:14:04
140	268	FRANCIS	MARTOS CARRASCOSA	TRIEJIDO-WITL	SNM	75	152	00:20:55	4:11	126	00:39:37	30.3	113	00:10:56	4:22	01:11:30	+00:14:07
141	139	MIGUEL ANGEL	ÁLVAREZ CORTES		V1M	40	115	00:19:29	3:53	159	00:41:35	28.8	87	00:10:37	4:14	01:11:42	+00:14:19
142	13	PABLO	CABRERA VILLEGAS		SNM	76	134	00:20:15	4:03	143	00:40:21	29.7	129	00:11:11	4:28	01:11:48	+00:14:25
143	142	JESUS	ABAD CASTILLO	CLUB DE MAR ALMERIA	CDM	7	133	00:20:14	4:02	139	00:40:11	29.9	142	00:11:32	4:36	01:11:58	+00:14:35
144	17	ANGEL	BASCUÑANA RUIZ		V1M	41	112	00:19:16	3:51	158	00:41:19	29.0	137	00:11:23	4:33	01:11:59	+00:14:36
145	146	JERONIMO	DIAZ GARRIDO		SNM	77	143	00:20:30	4:06	145	00:40:23	29.7	122	00:11:05	4:26	01:11:59	+00:14:36
146	195	RAUL	GARBIN ACEITUNO		SNM	78	74	00:18:31	3:42	166	00:43:08	27.8	78	00:10:26	4:10	01:12:05	+00:14:42
147	11	ANTONIO	FERRER FERRER		SNM	79	162	00:21:24	4:16	124	00:39:26	30.4	138	00:11:26	4:34	01:12:17	+00:14:54
148	258	ALVARO	MAROTO AIRES	C.T. ALMERIA	SNM	80	149	00:20:51	4:10	141	00:40:18	29.8	128	00:11:10	4:28	01:12:20	+00:14:57
149	22	ARIEL GUSTAVO	CLOTET DI GUARDI		SNM	81	153	00:20:58	4:11	104	00:38:30	31.2	177	00:12:52	5:08	01:12:21	+00:14:58
150	223	JOSE	GARCIA GARCIA		V1M	42	135	00:20:16	4:03	136	00:40:01	30.0	158	00:12:10	4:52	01:12:28	+00:15:05
151	81	CARMELO	CRUZ VILLEGSS	C.D. ESPARTANOS DE EL ALQUIÁN	V1M	43	158	00:21:07	4:13	132	00:39:52	30.1	141	00:11:29	4:35	01:12:29	+00:15:06
152	130	RAFAEL	DE HARO	C.T. LA DULCE ALIANZA	V2M	5	148	00:20:50	4:10	142	00:40:20	29.8	133	00:11:19	4:31	01:12:30	+00:15:07
153	147	ANTONIO	CUTILLAS LOZANO		V1M	44	163	00:21:26	4:17	122	00:39:11	30.6	149	00:11:59	4:47	01:12:38	+00:15:15
154	84	FRANCISCO JOSE	BLANCO RODRIGUEZ		SNM	82	130	00:19:51	3:58	134	00:39:57	30.0	178	00:12:52	5:08	01:12:41	+00:15:18
155	210	JOSE MANUEL	ESPIGARES HERRERO	TRI GUADIX	V1M	45	181	00:22:16	4:27	107	00:38:33	31.1	155	00:12:07	4:50	01:12:57	+00:15:34
156	270	JUAN CARLOS	MARTÍNEZ NAVARRO		V1M	46	142	00:20:29	4:05	155	00:41:10	29.1	140	00:11:28	4:35	01:13:07	+00:15:44
157	59	JOSE	AGUIRRE		SNM	83	178	00:22:12	4:26	99	00:38:20	31.3	176	00:12:52	5:08	01:13:24	+00:16:01
158	177	JOSÉ MIGUEL	LÓPEZ ROMERO		SNM	84	161	00:21:17	4:15	133	00:39:53	30.1	171	00:12:37	5:02	01:13:47	+00:16:24
159	239	MIGUEL ANGEL	MORALES SERRANO	C.T. M1 SALINAS CAR	V1M	47	140	00:20:21	4:04	151	00:40:58	29.3	174	00:12:44	5:05	01:14:04	+00:16:41
160	86	OSCAR	GALINDO OÑA	C.D. ESPARTANOS DE EL ALQUIÁN	SNM	85	171	00:22:03	4:24	111	00:38:48	30.9	188	00:13:19	5:19	01:14:11	+00:16:48
161	74	JONHATAN	GOMEZ UBEDA	C.T. ROQUETAS DE MAR	SNM	86	117	00:19:31	3:54	169	00:43:43	27.4	117	00:11:01	4:24	01:14:15	+00:16:52



INSCRITOS: 241

FN: 215

NF: 12

NP: 14

DQ 0

5 Km + 20 Km + 2,5 Km

Pos	Dorsal	Nombre	Apellidos	Club	Cat	Pos Cat	CARRERA 1			CICLISMO			CARRERA 2			TIEMPO	Dif
							Pos	Tiempo	Vel	Pos	Tiempo	Vel	Pos	Tiempo	Vel		
162	152	JAVIER	HERNANDEZ LIROLA		SNM	87	156	00:21:02	4:12	128	00:39:43	30.2	191	00:13:37	5:26	01:14:23	+00:17:00
163	235	JESUS	MORILLA ALCALDE		SNM	88	166	00:21:46	4:21	161	00:41:42	28.8	136	00:11:22	4:32	01:14:51	+00:17:28
164	216	JOSE ALBERTO	MERINO LOPEZ	TRI GUADIX	SNM	89	66	00:18:25	3:41	179	00:44:22	27.0	153	00:12:06	4:50	01:14:55	+00:17:32
165	109	JESUS	OLIVER VARGAS		V2M	6	182	00:22:18	4:27	150	00:40:50	29.4	151	00:12:01	4:48	01:15:10	+00:17:47
166	54	ANTONIO FRANCISCO	ALVAREZ GIMENEZ		SNM	90	157	00:21:05	4:13	162	00:41:50	28.7	166	00:12:27	4:59	01:15:24	+00:18:01
167	166	IVAN	LOPEZ FERNANDEZ	C.T. M1 SALINAS CAR	SNM	91	174	00:22:08	4:25	156	00:41:12	29.1	157	00:12:09	4:51	01:15:29	+00:18:06
168	271	JOSE ANTONIO	GARCÍA LLAMAS		V3M	2	184	00:22:25	4:29	154	00:41:09	29.2	148	00:11:58	4:47	01:15:33	+00:18:10
169	191	JOSÉ MARÍA	ALONSO FERNANDEZ		SNM	92	195	00:23:42	4:44	130	00:39:48	30.1	161	00:12:18	4:55	01:15:49	+00:18:26
170	50	JAIME	JIMENEZ DE HARO		SNM	93	165	00:21:31	4:18	165	00:42:23	28.3	150	00:12:01	4:48	01:15:56	+00:18:33
171	20	JAVIER	VALVERDE LOPEZ	TRIEJIDO-WITL	SNM	94	187	00:22:40	4:32	149	00:40:41	29.5	169	00:12:35	5:02	01:15:57	+00:18:34
172	57	JULEN	APOITA BILBAO		V2M	7	190	00:23:11	4:38	144	00:40:21	29.7	173	00:12:42	5:04	01:16:14	+00:18:51
173	227	JAVIER	GALLEGO ÚBEDA	TRIGUADIX	V1M	48	186	00:22:32	4:30	153	00:41:02	29.2	175	00:12:45	5:06	01:16:20	+00:18:57
174	252	JUAN JOSE	ALESINA RUIZ		V1M	49	194	00:23:38	4:43	138	00:40:09	29.9	184	00:13:06	5:14	01:16:54	+00:19:31
175	141	JESUS	ABAD MARTIN	CLUB DE MAR ALMERIA	V1M	50	169	00:21:58	4:23	164	00:41:54	28.6	187	00:13:10	5:16	01:17:02	+00:19:39
176	183	FRANCISCO JOSE	GONZALEZ DELGADO	C.T. M1 SALINAS CAR	SNM	95	146	00:20:49	4:09	174	00:44:14	27.1	167	00:12:31	5:00	01:17:35	+00:20:12
177	159	JUAN ANTONIO	DIAZ MONTERO		SNM	96	160	00:21:16	4:15	176	00:44:16	27.1	165	00:12:24	4:57	01:17:57	+00:20:34
178	90	DAVID	DEL AGUILA GARCIA	C. D. LOS ESPARTANOS DEL EL AL	SNM	97	185	00:22:26	4:29	172	00:44:06	27.2	143	00:11:34	4:37	01:18:06	+00:20:43
179	131	SANTIAGO	TRAVÉ HIDALGO		SNM	98	155	00:21:01	4:12	175	00:44:15	27.1	180	00:13:02	5:13	01:18:19	+00:20:56
180	36	DOMINGO	PINO ORTEGA		V1M	51	183	00:22:25	4:29	173	00:44:12	27.1	152	00:12:02	4:49	01:18:40	+00:21:17
181	267	FRANCISCO JAVIER	LOZANO LOPEZ		SNM	99	179	00:22:13	4:26	167	00:43:30	27.6	181	00:13:02	5:13	01:18:46	+00:21:23
182	55	JOSÉ FRANCISCO	CASTAÑO ORTIZ		SNM	100	177	00:22:10	4:26	180	00:44:32	26.9	154	00:12:07	4:51	01:18:50	+00:21:27
183	137	GABRIEL JESÚS	MALDONADO IBARRA	C.T. M1 SALINAS CAR	SNM	101	175	00:22:09	4:25	181	00:44:34	26.9	163	00:12:22	4:57	01:19:06	+00:21:43
184	27	JAVIER	UROZ SIMÓN		SNM	102	188	00:22:42	4:32	177	00:44:18	27.1	172	00:12:40	5:04	01:19:40	+00:22:17



INSCRITOS: 241

FN: 215

NF: 12

NP: 14

DQ 0

5 Km + 20 Km + 2,5 Km

Pos	Dorsal	Nombre	Apellidos	Club	Cat	Pos Cat	CARRERA 1			CICLISMO			CARRERA 2			TIEMPO	Dif
							Pos	Tiempo	Vel	Pos	Tiempo	Vel	Pos	Tiempo	Vel		
185	213	MARIO	VILLALBA GALLEGO	C.T. LA DULCE ALIANZA	SNM	103	176	00:22:09	4:25	182	00:44:35	26.9	179	00:12:55	5:10	01:19:40	+00:22:17
186	192	IRVING	MORALES GARCÍA		SNM	104	164	00:21:26	4:17	187	00:45:51	26.2	164	00:12:23	4:57	01:19:41	+00:22:18
187	64	JUAN JOSE	MULLOR MARTIN	C.T. ROQUETAS DE MAR	SNM	105								-00:16:27	53:24	01:20:29	+00:23:06
188	116	DIEGO	RODRIGUEZ HERRERA		V1M	52	172	00:22:06	4:25	192	00:46:26	25.8	156	00:12:08	4:51	01:20:40	+00:23:17
189	93	JUAN ALONSO	BELIJAR MARTINEZ		V2M	8	191	00:23:23	4:40	170	00:43:43	27.4	196	00:14:05	5:38	01:21:11	+00:23:48
190	94	ANTONIO	MELLADO LOBATO		SNM	106	167	00:21:47	4:21	185	00:45:22	26.4	198	00:14:19	5:43	01:21:29	+00:24:06
191	49	MARTIN	PRADOS DE HARO		CDM	8	180	00:22:14	4:26	188	00:46:06	26.0	190	00:13:36	5:26	01:21:57	+00:24:34
192	138	ANTONIO	MARTÍNEZ ARIZA		V1M	53	170	00:22:02	4:24	199	00:48:31	24.7	160	00:12:17	4:54	01:22:50	+00:25:27
193	25	JOSÉ ANTONIO	GARCÍA FLORES		SNM	107	192	00:23:37	4:43	189	00:46:12	26.0	182	00:13:04	5:13	01:22:55	+00:25:32
194	26	ENRIQUE	SIRVENT ARTERO		SNM	108	193	00:23:37	4:43	190	00:46:12	26.0	183	00:13:05	5:14	01:22:55	+00:25:32
195	199	JESUS	LOPEZ HERNANDEZ		V1M	54	196	00:23:50	4:46	184	00:45:21	26.5	192	00:13:44	5:29	01:22:56	+00:25:33
196	117	JUAN ANTONIO	CALLEJON MARTIN		V2M	9	198	00:23:58	4:47	178	00:44:19	27.1	203	00:14:40	5:52	01:22:58	+00:25:35
197	217	JOSE	SANCHEZ BARQUIER	TRI GUADIX	SNM	109	168	00:21:57	4:23	198	00:48:20	24.8	185	00:13:07	5:14	01:23:25	+00:26:02
198	219	JUAN MANUEL	HERNANDEZ FORURIA		SNM	110	159	00:21:15	4:15	203	00:49:51	24.1	168	00:12:31	5:00	01:23:38	+00:26:15
199	42	URKO	LIENDO ÁLVAREZ		SNM	111	209	00:25:25	5:05	168	00:43:36	27.5	202	00:14:38	5:51	01:23:41	+00:26:18
200	40	JAVIER	NUÑEZ HIGUERO		S23M	10	201	00:24:16	4:51	171	00:44:06	27.2	206	00:15:23	6:09	01:23:45	+00:26:22
201	14	JOSÉ ROMÁN	BILBAO CASTRO		SNM	112	189	00:23:09	4:37	195	00:47:42	25.2	189	00:13:28	5:23	01:24:20	+00:26:57
202	175	JAVIER	MARTINEZ FERNANDEZ		SNM	113	173	00:22:07	4:25	197	00:48:18	24.8	194	00:14:00	5:36	01:24:25	+00:27:02
203	168	ANTONIO JESÚS	GUTIÉRREZ POLO	C.T. M1 SALINAS CAR	S23M	11	200	00:24:05	4:49	191	00:46:18	25.9	195	00:14:03	5:37	01:24:26	+00:27:03
204	157	MANUEL	GOMEZ MARTINEZ		V2M	10	205	00:24:35	4:55	186	00:45:38	26.3	201	00:14:32	5:49	01:24:46	+00:27:23
205	206	ANTONIO JOSE	MAQUEDA MÚÑOZ		CDM	9	199	00:23:58	4:47	183	00:44:51	26.8	209	00:16:08	6:27	01:24:58	+00:27:35
206	58	JUAN	MIRANDA ORDOÑO		SNM	114	206	00:24:40	4:56	200	00:48:33	24.7	193	00:13:49	5:31	01:27:03	+00:29:40
207	35	JUAN	GONZALEZ ESCAMEZ	CLUB DE MAR ALMERIA	CDM	10	105	00:18:59	3:47	202	00:49:17	24.3	210	00:19:05	7:38	01:27:22	+00:29:59



INSCRITOS: 241
FN: 215
NF: 12
NP: 14
DQ 0
5 Km + 20 Km + 2,5 Km

Pos	Dorsal	Nombre	Apellidos	Club	Cat	Pos Cat	CARRERA 1			CICLISMO			CARRERA 2			TIEMPO	Dif
							Pos	Tiempo	Vel	Pos	Tiempo	Vel	Pos	Tiempo	Vel		
208	154	FRANCISCO JAVIER	HIDALGO RUIZ		JNM	4	202	00:24:25	4:53	196	00:47:42	25.2	207	00:15:41	6:16	01:27:49	+00:30:26
209	24	FRANCISCO	ROMAN TEJEDOR		V1M	55	203	00:24:27	4:53	201	00:48:55	24.5	200	00:14:30	5:48	01:27:53	+00:30:30
210	45	FRANCISCO	VICENTE GARCÍA		V2M	11	211	00:26:13	5:14	194	00:47:41	25.2	204	00:14:50	5:56	01:28:45	+00:31:22
211	46	ROGELIO	MAÑAS GARCIA		V1M	56	210	00:26:12	5:14	193	00:47:40	25.2	205	00:14:52	5:56	01:28:45	+00:31:22
212	245	RUBEN	CAPEL RAMOS		S23M	12	204	00:24:32	4:54	204	00:50:57	23.5	208	00:15:55	6:22	01:31:24	+00:34:01
213	161	MIGUEL LUIS	ROMERO CRUZ		SNM	115	197	00:23:52	4:46	207	00:56:41	21.2	186	00:13:08	5:15	01:33:42	+00:36:19
214	82	ANTONIO JOSE	GOMEZ MARTINEZ		SNM	116	207	00:24:46	4:57	205	00:55:05	21.8	199	00:14:24	5:45	01:34:16	+00:36:53
215	83	PEDRO JOSE	PEREZ VALLE		SNM	117	208	00:24:48	4:57	206	00:55:09	21.8	197	00:14:18	5:43	01:34:16	+00:36:53
	260	AMADOR	LORENTE NAVARRO	C.D. ESPARTANOS DE EL ALQUIÁN	SNM												
	278	DAVID	MARTIN ORTEGA	C.T. ALMERIA	SNM												
	274	MIGUEL	JORGE BELMONTE		SNM												
	169	FELIPE	GONZÁLEZ ZAMBRANO		SNM												
	160	JUAN FRANCISCO	PARDO RUEDA		SNM			00:19:43	3:56		01:13:13	16.4					
	167	JESUS	ALMECIJA GONZALEZ	C.T. M1 SALINAS CAR	SNM												
	178	JAVIER	DÍAZ-JIMÉNEZ TRIVIÑO	TRIATLÓN CARABANCHEL	SNM												
	180	JUAN MIGUEL	MANZANO FERNANDEZ		SNM												
	228	ALEJANDRO	CARBONERO GEA		SNM			00:14:58	2:59								
	71	ALEJANDRO	ALBACETE OCAÑA		SNM												
	16	CARLOS	CAMPOS FUENTES	TRIEJIDO-WITL	SNM												
	3	MANOLO	SALINAS PUERTAS	C.T. ROQUETAS DE MAR	SNM												
	31	ISMAEL	PEREZ RODRIGUEZ		SNM												
	23	ALBERTO	VARGAS VARGAS		SNM												
	114	EMILIO	GOMEZ DEL AGUILA		SNM			00:18:54	3:46		01:12:14	16.6					



INSCRITOS: 241

FN: 215

NF: 12

NP: 14

DQ 0

5 Km + 20 Km + 2,5 Km

Pos	Dorsal	Nombre	Apellidos	Club	Cat	Pos Cat	CARRERA 1			CICLISMO			CARRERA 2			TIEMPO	Dif
							Pos	Tiempo	Vel	Pos	Tiempo	Vel	Pos	Tiempo	Vel		
88	JOSE LUIS	GONZALEZ MARTINEZ			SNM												
149	FRAN	BARBERO URBANO			SNM		00:21:05	4:13		01:17:26	15.5						
104	MANUEL JOSE	PÉREZ MESAS			V1M												
68	FRANCISCO JAVIER	CARRETERO VIZCAINO	C.T. ALMERIA		V1M												
19	ROGELIO FRANCISCO	FERNÁNDEZ RODRÍGUEZ			V1M												
21	JOSE MANUEL	CARABALLO VILLANUEVA			V1M												
184	ALFONSO	GONZÁLEZ MAGDALENO	CLUB EGO RUN.IN		V1M		00:19:48	3:57		00:35:26	33.9						
241	JOSE FRANCISCO	FERNANDEZ LOZANO			V1M		00:18:09	3:37									
248	CARLOS	FIERRO GONZÁLEZ			V1M												
136	PEDRO	CÁNOVAS LÓPEZ	C.D. ESPARTANOS DE EL ALQUIÁN		CDM		00:19:25	3:53									
89	JAVIER	PÉREZ MARTÍNEZ	CLUB TRIATLON CMA		JNM		00:20:16	4:03		00:40:13	29.8						